

ADHD & YOU

CHILD ADHD SYMPTOM CHECKLIST

Take a few minutes to complete this checklist so you can provide a detailed description of your child's ADHD symptoms to a health care professional. It is not meant to replace consultation with a trained health care professional. Remember, only a qualified health care professional can accurately diagnose ADHD. Regardless of the questionnaire results, if you have concerns about diagnosis and treatment of ADHD, please discuss your concerns with your physician.

Inattentive Symptoms	Never	Sometimes	Often	Almost Always
Does your child have difficulty paying attention to details or make careless mistakes?				
Does your child have a short attention span?				
Does your child have difficulty listening when spoken to directly?				
Is your child often unable to follow through on tasks and finish work at school or at home?				
Does your child have trouble organizing tasks and activities?				
Does your child avoid tasks requiring sustained mental effort?				
Does your child often lose things?				
Is your child easily distracted by what's going on around him or her?				
Is your child forgetful?				

Please note:

This checklist is not intended to take the place of talking to a health care professional about your child's ADHD symptoms.

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Hyperactive/Impulsive Symptoms	Never	Sometimes	Often	Almost Always
Does your child fidget or squirm?				
Does your child have trouble staying seated?				
Does your child run or climb excessively or feel restless?				
Does your child have trouble with quiet activities?				
Does your child need to be “on the go”?				
Does your child often talk too much?				
Does your child blurt out answers before questions have been completed?				
Does your child have difficulty awaiting his or her turn?				
Does your child interrupt conversations or intrude on others?				

Choose the answer that is most appropriate for your child.	At Home	At School	At School and at Home
These symptoms affect my child the most			

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